NEW HAMPSHIRE PUBLIC HEALTH ASSOCIATION
CAREER PANEL
APRIL 1, 2020

2018 AMERICAN PUBLIC HEALTH ASSOCIATION AFFILIATE OF THE YEAR
Logistics

- Webinar will be moderated by Joan Ascheim

- We will have a Question & Answer section at the end. Please type your questions into the chat box when you think of it and it will be answered.

- Choose “Speaker View” in the top right corner, so the current speaker will be highlighted

- Please enable your webcam if that’s an available option. We are trying to simulate an in-person meeting as closely as possible

- We will be putting everyone on mute
Agenda

- Welcome and Introductions
- NHPHA Student Opportunities
- Potential Public Health Career Opportunities in NH
- The NH Public Health System
- Career Search Resources
- Career Panel
- Questions and Answers
NHPHA INTRODUCTIONS

Joan Ascheim
Executive Director
New Hampshire Public Health Association

Jess Barnett
Program Assistant
New Hampshire Public Health Association

Andrea Guzman
Workforce Development Coordinator
New Hampshire Public Health Association
Welcome and introductions

Dr. David Laflamme Ph.D, M.P.H., joined UNH in 2003 as a Research Assistant Professor in the Department of Health Management and Policy. He spends the majority of his time serving as the Maternal and Child Health (MCH) Epidemiologist for NH through a contract between the NH Institute of Health Policy and Practice and the NH Division of Public Health Services. As the State MCH Epidemiologist, he supports the use of data to inform the Maternal and Child Health Section’s multiple programs focused on improving the health of mothers and children throughout NH.

Gwen Williams has a Bachelor’s of Science from the University of Vermont in biological sciences and a Masters of Public Health from the University of New Hampshire, with several years of veterinary internships. She is the Health & Licensing Officer for the City of Concord. Her position involves collaborating with members of the food service industry, enforcement of relevant local and state regulations, and licensure of special events.
Welcome and introductions

Catherine Bardier is the Vice President of Wellness and Population Health at New London Hospital, a Dartmouth Hitchcock Health member hospital. She has over 30 years of experience in Human Resources Administration and Population Health in New Hampshire. Catherine currently serves as the chair of the Greater Sullivan County Public Health Advisory Council, and chair of the New Hampshire Governor’s Council for Physical Activity and Health. She is a member of the Executive Committee for the Dartmouth Hitchcock Partners for Community Wellness. She also serves as adjunct faculty member at Granite State Community College.

Meghan Farrell is the Vice President of Community Engagement at New Futures, where she leads a team that trains and mobilizes Granite Staters to improve New Hampshire’s public health through lobbying and advocacy. New Futures educates, advocates, and collaborates to improve the health wellness of all Granite Staters. Meghan received her Bachelor of Science in Business Administration with a concentration in Marketing from Boston University. She lives in Concord.
THANK YOU

Funders:

• New England Public Health Training Center
• New Hampshire Charitable Foundation
• Endowment for Health

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number 2UE8HP3168501-02 "Regional Public Health Training Center Program."
ABOUT NHPHA

• New Hampshire Public Health Association (NHPHA) is a member driven organization that champions public health policy and practice, enriches the workforce, and inspires leaders to improve the public’s health.

• We have 3 strategic imperatives:
  ○ Strengthen the public health workforce through membership engagement and professional development
  ○ Serve as the collective voice for public health policy and advocacy
  ○ Build a public health movement through timely public health messaging
STUDENT OPPORTUNITIES

• Annual Meeting – student poster sessions, awards
• Student interns – $3500 stipends for student interns available to our members to engage students
• Serve as a conduit to internships
• Mentoring Program
• Annual fall forum
• Student scholarships
WHAT ARE PUBLIC HEALTH CAREER OPPORTUNITIES? WHAT ABOUT NH?
Public Health is All Around You
Here's how:

Newborn Screening
Performing screening tests as soon as a baby is born can identify many life-threatening genetic illnesses before any symptoms begin.

National Security
Preparing for, responding to, and recovering from public health emergencies and disasters such as hurricanes, floods, tornadoes, wildfires, mass casualty incidents, industrial accidents, acts of terrorism, and epidemics saves lives and minimizes illness and injury.

Mental Well-being
Many effective prevention, treatment, and recovery programs are available to help people with mental health and substance use disorders.

STD Clinics
Sexually transmitted disease (STD) clinics are readily available to provide confidential counseling and testing services to help prevent, diagnose, and treat STDs.

Physical Fitness and Exercise
Your neighborhood is healthy and safe, giving you the opportunity to take your kids to the playground and enjoy evening walks and other forms of exercise.

Immunizations
Important childhood and adult immunizations, including an annual flu shot, are readily available in health clinics, workplaces, and physicians' offices and protect you and your loved ones from serious illnesses that are vaccine-preventable.

Clean Water
Drinking water in your home, workplace, school, and community and recreational waters like public swimming pools and beaches are closely monitored and tested for your safety and enjoyment.

Food and Nutrition
Foods found in grocery stores and meals served in your favorite restaurant are safe from harmful bacteria and other contaminants and are stored or prepared in a clean environment.

Injury Prevention
Whether at home or out in public, laws and other measures are in place to help prevent injuries like motor vehicle crashes, drowning, poisoning, overdose, and falls.

Smoke-Free Public Places
Smoke-free laws prohibit smoking at work, restaurants, and schools, and help protect you from secondhand smoke exposure.

astho™
ASSOCIATION OF STATE AND TERRITORIAL HEALTH OFFICIALS
Public Health promotes and protects the health of people and the communities where they live, learn, work and play. The core mission is to improve the health of New Hampshire citizens by protecting them from harm and ensuring access to high-value, prevention-focused healthcare that promotes optimal health for all.

**Population Health and Community Services**

**Programs:** Maternal Child Health (Women’s Health, Family Planning, Child Health & Infant Screening); Nutrition Services (WIC, Commodity Supplementary Food Program, Senior Farmers Market) Chronic Disease Prevention & Screening (Cancer, Oral Health, Obesity Prevention); Tobacco Prevention & Cessation

The Bureau of Population Health and Community Services (BPHCS) develops systemic approaches to promote health and wellbeing, prevent and improve chronic conditions and reduce health inequities among the residents of New Hampshire. BPHCS programs reach infants, children, women, families and adults with or at risk for a variety of health conditions. Programs increase access to preventive clinical and other health services through community health centers and other health systems; they improve the quality of needed services based on data and evidence; and focus on serving groups of NH residents that may be most at risk for poor health outcomes.

**Contact:** Sai Cherolo – Bureau Chief
603-271-4110

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**Infectious Disease Control**

**Programs:** Disease Investigation; Infectious Disease Prevention Services; Infectious Disease Core Services; Provider Education and Training; Healthcare-Associated Infections; Public Health Emergency Preparedness Surveillance; Surveillance Epidemiology; Adult Immunization; Immunization Information System; Vaccine Distribution and Management; Vaccine Quality Assurance and Improvement

The Bureau of Infectious Disease Control (BIDC) identifies, investigates, monitors and prevents the occurrence of infectious diseases to protect and promote the health of residents and visitors to New Hampshire. Additionally, BIDC coordinates the Division of Public Health Services Incident Management Team, the Public Health Emergency Preparedness and Hospital Preparedness programs, and maintains a 24/7/365 on-call system to respond to public health emergencies and urgent matters related to infectious disease.

**Contact:** Elizabeth R. Daly - Bureau Chief
603-271-4927

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**Public Health Protection**

**Programs:** Asthma Control; Climate Change Adaptation; Food Protection; Health Officer Liaison; Healthy Homes & Lead Poisoning Prevention; Radiological Health

The Bureau of Public Health Protection (BPHP) assures the safety of the public from environmental public health risks through licensing, inspecting, enforcement and education.

The Asthma Control Program provides education and data analysis across public health and health care sectors to assist people with asthma and the providers who serve them to minimize the impact of asthma on the 10% of people who have it.

The Climate Change Adaptation program provides climate and health impact change models and training for local emergency response, and funding for local regions to plan interventions and respond to health impacts related to climate change and severe weather events.

**Contact:** Michele Roberge - Bureau Chief
603-271-4549

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**Public Health Laboratories**

**Programs:** Environmental Health/Biomonitoring; Food Emergency Response Network (FERN); Drinking Water Laboratory; Microbiology & Virology Laboratories

Public Health Laboratories (PHL) protect the public’s health in New Hampshire through responsive, unbiased, quality clinical and environmental laboratory testing. The PHL actively participates in national and international...
surveillance networks; and improves the quality of health and laboratory services in both the public and private sector.

Environmental Health/Biomonitoring provides rapid response and subject matter expertise to biological, chemical and radiologic emergencies. The Food Emergency Response Network (FERN) assures a safe food supply by rapidly identifying infectious microorganisms and chemical toxins associated with foodborne disease and by participating in national surveillance networks.

The Drinking Water Laboratory assures safe recreational and drinking waters through rapid analysis of water for bacterial and chemical contaminants.

Microbiology and Virology Laboratories respond to incidents of infectious disease by providing rapid identification and characterization of the causative agent.

**Contact:** Christine Bean - Bureau Chief
603-271-4657

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**Public Health Systems, Policy & Performance**

**Public Health Statistics and Informatics**

The Bureau of Public Health Systems and Informatics (BPHSI) is responsible for the creation and distribution of New Hampshire health statistics. Data are taken from many different sources (birth/death records, hospital discharge records, cancer deaths and others), and are analyzed along with health risk factors provided by surveys of high schools and adults.

Information is made available through a web based portal known as WISDOM. This information is being used to identify hotspots in need of additional public health work, as justifications for grant applications, and to measure changes in health outcomes over time. No protected health information or otherwise identifying information is made available through this tool – only publicly available statistics.

The Bureau uses data to better focus state and local resources on public health problems where there is a high probability of making a positive impact. It also maintains the surveys which allow us to understand changes in risky behavior over time. The surveys include the Behavioral Risk Factor Surveillance System and the Youth Risk Behavior Survey.

**Contact:** Chihui Chowla - Acting Bureau Chief
603-271-4483

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As a physician, the State Epidemiologist provides medical expertise and direction when needed. Recent work includes supporting the effort to prepare for and respond to emerging infectious diseases including Ebola and Zika; responding to health concerns in communities impacted by the Perfluorochemical drinking water contamination and the Seacoast cancer cluster. The State Epidemiologist is supporting the development of a program to prevent antibiotic resistance (antibiotic stewardship program). Additionally, the position supports the Division’s development of the quality improvement and performance management systems and the development of the WISDOM data system.

**Contact:** Dr. Benjamin P. Chan - State Epidemiologist
603-271-4612
The State of New Hampshire has established 13 Regional Public Health Networks (RPHN) to coordinate the development and implementation of a range of community and public health improvement activities.

- Planning, training and response for public health emergencies
- Implementation of the regional strategic plan for substance misuse prevention and related health promotion activities
- And more

https://nhphn.org/
Healthy Eating Active Living

The Partnership for Public Health (PPH) in partnership with the Lakes Region Physical Activity and Nutrition Coalition ...

How We Can Help

Partnership for Public Health (PPH) partners with others to provide: Expertise, Information and Tools that people and communities need to protect their HEALTH.

- **Families and Schools**
  - Healthy Eating, Active Living: Information on nutrition and physical activity.
  - Partners in Prevention: Learn how to reduce your kids access to drugs and alcohol
  - Immunization: Information on important vaccines for children and adults

- **Older Adults, Adults with Disabilities and Family Caregivers**
  - ServiceLink: FREE information, referrals and assistance to connect people with resources in their communities

- **Organizations and Businesses**
  - Emergency Preparedness: Information on

News

Register to The Partnership’s 2018 Annual Meeting Now!

The Partnership for Public Health’s Annual Meeting September 27 at Lakes Region Community College from 8 am - 10 am

*Better Together, Our Community’s Response to Substance Misuse* Donna Marston, author of Peeling the Oni...

The America Foundation for Suicide Prevention (AFSP) Resource Guide

The America Foundation for Suicide Prevention (AFSP) provides helpful tools for framing conversations around Season 2 of the *13 Reasons Why* series on Netflix. The Resource Guide can be found at: https://af...
Health News and Alerts

**Food Service Safety & Sanitation Seminar for the Food Service Worker**
Published: 03/18/2019

**February 2019 Inspection Scores by Food Service Establishment Available**
Published: 03/14/2019

**NH Department of Health and Human Services Notifies of International Traveler With Measles**
Published: 03/04/2019

**What is Hepatitis A? What are the Symptoms?**
Published: 02/15/2019

Manchester Health Department - About Us

Shortcut: [www.manchesternh.gov/health](http://www.manchesternh.gov/health)

The Manchester Health Department has been in existence since 1885, and to this day continues to provide the highest level of public health services to the people of Manchester. The Manchester Health Department is the leading advocate for local public health in New Hampshire, and is pleased to have been chosen as one of ten local public health departments in the country to be part of NACCHO's Accreditation Preparation and Quality Improvement Demonstration Site Project.

Mission Statement

Ergonomics the health of its citizens, families and the community as well as the

Contact Information

Manchester Health Department
1528 Elm Street
Manchester, NH 03101

Get Directions

Phone: (603) 626-6466
Email: [Contact Email](mailto:)

Administration Fax:
(603) 628-6004
Community Health

Dartmouth-Hitchcock Community Health partners with health care and community partners to improve health of people living in the communities we serve.

Together with public health organizations, town leaders, schools, police, and community organizations, we complete Community Health Needs Assessments every three years, then work together with these partners to change the behaviors and community conditions that have the greatest impact on health, as detailed in our Community Health Improvement Plan.

Along with responding to specific local community needs in communities where we operate Primary Care clinics, Dartmouth-Hitchcock’s Population Health Council reviews community health needs assessments across New Hampshire and Vermont, and has identified three priorities for community health initiatives across our health care system. These priorities for our work include:

- Improving outcomes related to substance use and mental health needs;
- Improving health and wellbeing of older adults; and
- Increasing access to well-coordinated care.

To do this work, Dartmouth-Hitchcock Community Health provides leadership and facilitation to community coalitions; investment of staff resources to support and strengthen existing community health initiatives; links community partners to experts within the Dartmouth-Hitchcock system who can provide consultation on evidence-based practices; and provides targeted investment of health system funds to support development of community health infrastructure and projects.
RESOURCES: ASSOCIATIONS AND NH STATE INFORMATION

New Hampshire Public Health Association
About: http://www.nhpha.org/

NH Department of Environmental Services
About: http://des.nh.gov/
Apply: https://www.des.nh.gov/organization/commissioner/hru/employ.htm

NH Department of Safety, Bureau of Emergency Management
About: http://www.nh.gov/safety/divisions/bem/
Apply: https://www.nh.gov/safety/jobs.html

NH DHHS/Division of Public Health Services (DPHS)
About: https://www.dhhs.nh.gov/dphs/index.htm
Apply: https://www.dhhs.nh.gov/hr/jobs/index.htm

Community Health Institute (CHI/JSI)
About: https://nhchi.org/
Public Health Networks: https://nhphn.org/
RESOURCES: NATIONAL INFORMATION

American Public Health Association (APHA)
About: http://www.apha.org/
Career Mart: https://careers.apha.org/jobseekers/

Association of State and Territorial Health Officials (ASTHO)
About: http://www.astho.org
Job Bank: http://www.astho.org/Jobs/

Centers for Disease Control (CDC)
About: http://www.cdc.gov/
Fellowships: https://www.cdc.gov/Fellowships/

National Association of County and City Health Officials (NACCHO)
About: http://www.naccho.org/
Career Center: https://careers.naccho.org/

Emory: Public Health Employment Connection (PHEC)
About: https://apps.sph.emory.edu/PHEC/index.cfm?action=Instructions
Job Bank: https://apps.sph.emory.edu/PHEC/

World Health Organization (WHO)
About: http://www.who.int/about/en/
Career Panel
David Laflamme, PhD, MPH

UNH Research Assistant Professor

and

State Maternal & Child Health Epidemiologist
“Gold Digger” (prospector)

“Cowboy”

Wilderness Survival School

1989-1994
Catholic Medical Center
Corporate and Community Health Improvement Programs (CHIPs)

Health Educator
- Corporate Fitness Center Manager
- Health Educator – stress, tobacco, nutrition, exercise...
- Health Risk Appraisals – chol, body fat, BP, HR...
- CPR & First-Aid, EMT-A, ACSM HFI, spirometry
- 5K Road Race Director
- Parish Nurse Program

1989
B.S. Health Education Community Health Track
Plymouth State

1997
M.P.H. International Health Health Communication
Tulane University School of Public Health & Tropical Medicine

2003
Ph.D. Social and Behavioral Health Health Communication Cancer Epidemiology
Johns Hopkins Bloomberg School of Public Health

Pre-1985

1989-1997
1995-1997
U.S. Peace Corps Volunteer – Nepal
District Sanitation Coordinator
- Health Education
- Evaluation
- District Sanitation Profile
  - Design, collect, analyze
  - Peak clean-up

1997-2003
Johns Hopkins Bloomberg School of Public Health
Senior Research Assistant
- National study of communications workers
- Employee monitoring and substance use
- Data collection, management, analysis
- A to Z large scale research project

2003+

Applied Maternal & Child Health Epidemiology & Graduate Education

- Community Health Track
- M.P.H.
- Ph.D.
- Pre-1985
- “Gold Digger” (prospector)
- “Cowboy”
- Wilderness Survival School
Applied MCH Epi

• Identify and explore emerging and existing MCH issues
  • Analytics, data, systems, inform, translate, action

• Evaluation

• Advise
  • Policy
  • Methods
  • Literature/Evidence
  • Priority-setting

• National workgroups

• COVID-19 remarks/examples
Graduate Education (prof)

- Inform teaching with practice
- Keep it practical and useful
- Build skills
- Examples from the field
- Connections to Public Health professionals
Gwen Williams B.S, MPH
Health & Licensing Officer
City of Concord
Career Trajectory

• B.S in Biological Sciences
• job market concerns
• research experience
• MPH
• long-standing desire to see if medicine was a good fit for me professionally
• EMT

Returned to New England and focused on public health career options
Foot in the door with City of Nashua Environmental Health Department

• Ongoing continuing education
Work history

- Background in medicine and research
- Environmental Health Specialist
- Current position as Health Officer
Health & Licensing Officer

- Program Development
- Database Management
- Education (staff and licensees)
- State & Federal Partnerships
- Lead (Pb) Safety
- Community Partnerships
Bardier - Career Trajectory

A.S. Hospitality Management
B.S. Human Behavior
M.S. Human Resources

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<td>Hospitality</td>
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<td>Population Health</td>
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Population Health Strategy

Integrating Population Management *(health of a population)* & Community Wellbeing Creation *(health of a community)*

- Developed by the Institute of Healthcare Improvement (IHI) and the American Hospital Association (AHA) and three other organizations.
- Adopted by the Foundation for Healthy Communities and the Population Health Peer Group as a statewide initiative.
Bardier - A Day in the Life

Community Health Administration

Hospital Administration

Regional & State Partnerships

POPULATION HEALTH

Employee & Family Wellness

Community Outreach, Education & Events
About New Futures

PUBLIC HEALTH POLICY AND ADVOCACY

ADVOCATE  COLLABORATE  EDUCATE
Grassroots Engagement

• One on one meetings
• Attending coalition meetings, participating in coalitions
• Working with Regional Public Health experts to assess needs and gaps
• Training advocates
• Planning rallies and visibility events
• Planning and co-hosting legislative events
• Collecting and updating data
Career Trajectory

Bachelors Degree in Business Administration, Boston University

AmeriCorps VISTA, United Way of the Greater Seacoast

Fundraising and Program Development, United Way

VP of Community Engagement, New Futures

Communications Director, New Futures
Questions?

- Please use the chat box or raise your hand
Thank you!

- Thank you for coming to the Career Panel Webinar!
- Please fill out and submit the evaluation
- Questions? Contact Andrea Guzman aguzman@nhpha.org