Providing education about alcohol and drug abuse: that's how public health touches our lives every day.

Alcohol and drug use impacts every age, which is why public health has focused on educating teens, children, and adults about the dangers of alcohol and drugs.

It costs approximately $70 per person a year to provide effective alcohol and drug prevention services in New Hampshire. It costs about $32,750 to incarcerate one person for a year in a New Hampshire prison. Eighty-five percent of people in New Hampshire prisons have an alcohol or drug problem.

By promoting laws, providing education, promoting healthy lifestyles, and researching disease and injury prevention, public health helps to improve health and reduce costs for all.