Partnering to Improve Access to Healthy Food

VTPHA and NHPHA Conference

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State Health Improvement Plan

Improve outcomes in six priority health and social conditions:

- Child Development
- Chronic Disease
- Mental Health
- Oral Health
- Substance Use
- Social Determinants: Housing, Transportation, Food, Economic Security
3 BEHAVIORS
- No Physical Activity
- Poor Diet
- Tobacco Use

4 DISEASES
- Cancer
- Heart Disease & Stroke
- Type 2 Diabetes
- Lung Disease

MORE THAN 50 PERCENT OF DEATHS IN VERMONT
Examples and Programs - Statewide

Statewide

• Federal Programs
  • 3 Squares VT/SNAP
  • WIC

• SNAP-Ed

• Nutrition Incentive Programs
  • Crop Cash (NOFA VT)
  • Farm to Family Coupons
Examples and Programs - Local Examples

- **Vermont Foodbank**: Veggie Van Go; Self Management Collaboration

- **VYCC**: Health Care Shares

- **Rutland Food Farmacy** (Vermont Farmers Food Center)

- **Healthy Roots** at Northwestern Medical Center and Gleaning Program

- **VDH**: Fruit and Veg Rx Pilot
Examples and Programs – Out of State Examples

• **Giant Pharmacy (D.C.)** Produce Prescription Program
  ▶ In partnership with DC Greens, Health Dept, healthcare providers and Giant (grocery store chain)

• **Produce Perks Midwest (Ohio)**
  ▶ Nutrition incentive for fruit and veggie purchase for SNAP recipients
  ▶ Produce Prescription program
    • 47% reduced A1C / 73% reduced triglycerides / 50% increased HDL

• **Double Up Food Bucks**
  ▶ Nutrition incentive for fruit and veggie purchase for SNAP recipients

• **Geisinger Fresh Food Farmacy**

• **Pharmacy to Farm**
  ▶ An initiative to engage pharmacists in produce RX for farmers markets
Questions to Explore

• Funding
  ▶ How do we make food access a priority to payers?

• Lots of great programs – what really works?
  ▶ Collecting data
  ▶ Replicating programs

• Partnerships
  ▶ Farm to Plate Health Cross Cutting Team
  • Food and Health Inventory
  ▶ Accountable Communities for Health