Public health touches our lives every day.

Today, did you

…eat a healthy breakfast?
…brush your teeth with fluoridated water?
…buckle your seatbelt?
…strap your child into a child safety seat?
…take your child to a clinic for a checkup or immunization?
…expect the air you breathe to be clean and safe?
…fit physical activity into your daily routine?
…work in a safe environment?
…have your blood pressure checked at a community health screening?
…dine out at a restaurant, secure in the knowledge that it has been inspected?
…hear a message about how to prevent an infectious disease?
…learn about the impact of smoking and second-hand smoke?
…expect your community to be prepared in case of a disaster?
…talk to your kids about the risk of drugs and alcohol?

That’s all the face of NH public health.

IMPROVING HEALTH, PREVENTING DISEASE, REDUCING COSTS FOR ALL

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