

Advocates in keeping New Hampshire a healthy place to live, work and play . . .



NEW HAMPSHIRE PUBLIC HEALTH ASSOCIATION

Improving Health, Preventing Disease, Reducing Costs for All

e-Newsletter March 2018

Inside NHPHA

(A Monthly Column Written by NHPHA Leadership)

Are you ready for National Public Health Week?



Because it's here! April 2-8. The theme this year is *Changing our Futures Together*. Consider starting conversations with others in your community about the role each of us can play to create healthier people, families, and communities. Public health work is partnership work achieved when people work together to create strong, vital communities in which all can live and contribute to our full potential.

During [National Public Health Week](#), each day has a different focus. Monday's is behavioral health: how can we advocate for and promote behavioral well-being? About one in every five U.S. adults experience mental illness in a given year. At the forefront of this in New Hampshire is the opioid addiction epidemic. This crisis is touching individuals and families in our state at an unbelievable rate. Projections estimate 485 deaths in 2017, which equates to a per capita rate that is 3rd highest in the country. This disease is impacting families and children, employers and really, all of us.

[Read the full message here.](#)





NHPHA Annual Meeting - Register Today

The event is taking place at the McAuliffe-Shepard Discovery Center on Wednesday, April 11, 2018. We would like you to join us for networking, awards presentation, student poster session and workshop, Association business including the introduction of new NHPHA Board members.

[Register today!](#)

Become a NHPHA Annual Meeting Sponsor - [More information](#)



*Calling all graduate and undergraduate students
of public health or related programs!*

NHPHA Annual Meeting: Rising Stars Interview Skills Training and Student Poster Session

**April 11, 2018
McAuliffe-Shepard Discovery Center
Concord, NH**

*Current student members pay \$10,
or pay \$20 to include an annual membership.***

*Registration includes admission to the pre-session training,
networking/poster session, and Annual Meeting.*

[Register HERE](#)

Some scholarships are available



Young Leader Michael Reaves Shadows NHPHA



Michael Reaves has a seat at the table. The 27-year-old Southern New Hampshire University graduate student is attending monthly meetings of the NHPHA Board of Directors, as part of his experience as an Equity Leadership Fellow. He sits as a non-voting member, with Marcella Bobinsky acting as his board champion.

The Health and Equity Partnership created the fellowship (ELF), now in its fourth year, to support the development of experienced leaders of color. Reaves, while earning a degree in higher education administration, has served for two years as assistant director of diversity at SNHU.

"New Hampshire is becoming more diverse in terms of race, and is learning how to define equity," Reaves says. "People are making decisions about groups that are not sitting at the table. We need more people who represent communities that are marginalized to have a voice in creating and designing programs that meet their needs."

[Read the entire article here.](#)



2018 NHPHA Legislative Breakfast Was a Success

(written by NHPHA Public Policy Committee Chair Rachel Maxwell)

On Wednesday, March 7th we hosted our legislative breakfast at the State House. Thank you to those of you who were able to attend! We had a great turnout with about 100 legislators joining us. Some stopped in briefly for just a moment and a quick word but a handful of them stayed for extended conversations.



It was a great opportunity to not only share our priorities with the group but also hear their concerns. I personally had a good discussion with a representative who was excited to see we had HB 1259 relative to passenger restraints on our priority list because she was very passionate about seatbelt safety and was actually going to speak about that bill later in the day. [Read the rest of the article here.](#)



Rising Star Updates

Exciting News About Our Rising Star Initiative



We are pleased to announce that we have begun a new partnership with Stay Work Play NH as part of our Rising Stars initiative. Stay Work Play is an organization that encourages young professionals to stay or move to New Hampshire. Please feel free to check out their website: <http://stayworkplay.org/>. Stay Work Play provides an existing database that advertises internships and open positions. As a result of our partnership,

there is now a category for public health internships and employment opportunities. We encourage our public health partners to post jobs or internship opportunities. Students or graduates can check out the site to find an internship or employment. - <http://stayworkplay.org/work/jobs-and-internships-nh/>

We are also allocating two stipends for students from the New England Public Health Training Center (NEPHTC), at \$1500 each. This project is a great opportunity to provide some remuneration for students participating in field placements and faculty-student collaborative projects. It must be completed by August 15, 2018. If you have any questions about the minimum requirements, application process, or the selection process, please feel free to contact Emily Goulet at egoulet@nhpha.org.



Membership Updates

Call out for leadership! The NHPHA Membership Committee is seeking a Co-Chair to fill the vacant seat on the committee. Please reach out to current Co-Chair Ashley Peters (Ashley.Peters@unh.edu) with questions and/or nominations.

NHPHA Member Appreciation Event.

On Saturday, March 3rd @ 6PM, NHPHA visited a Manchester Monarchs hockey game. Thank you to the members and families who attended. A good time was had by all (especially the wee one pictured) and it is likely we will repeat the event next season. Stay tuned for that.

Membership Renewal Pins. The committee has purchased NHPHA pins as a way to say thank you to our members when they renew. We hope you will wear your pins with pride at NHPHA and other public health events. Pins can be picked up at NHPHA events, or to coordinate a pick up, please e-mail Ashley Peters (Ashley.Peters@unh.edu).

Snapshot of membership numbers: As of March 29, 2018, NHPHA has 134 individual members and 18 organizational members.



New and renewing members. We'd like to welcome our new member:

- Juliette Gonzalez

A special shout-out to our **renewing individual members:** Joan Ascheim, Lisa Bujno, Joyce Cappiello, Patty Crooker, Angela Shepard, Rebecca Sky, and Carly Zimmerman.



NH Comprehensive Cancer Collaboration Annual Meeting Focuses on Population Health

Join colleagues from around the state of New Hampshire for a full day of keynotes, workshops and interactive learning at the NH Comprehensive Cancer Collaboration's Annual Meeting on April 4th in Concord. Titled Cancer Control &

Prevention: Integrating Clinical and Public Health Efforts, the event will focus on best practices to prioritize a population health management approach and reduce health disparities and inequities in cancer prevention and control.

The inspirational speakers will equip you with knowledge and ideas to share with colleagues and implement right away.

While online registration has closed, walk-in registration will open at 8:00am and is \$85. Continuing Education is being offered for physicians, nurses, social workers, and cancer registrars.

For more information, visit the event website at:
<https://www.nhcancerplan.org/AnnualMeeting>



Calendar of Events

April 11, 2018 - NHPHA Annual Meeting at the McAuliffe-Shepard Discovery Center
[Registration link](#)

Rising Star Session [Information](#)

Become an event sponsor [here](#)

April 17, 2018 - What's New in Diabetes Education, Medications, and Devices. Grappone Conference Center, Concord, NH.
For more information, [click here](#).

April 30- May 2, 2018 - 2018 Local Solutions: Eastern Climate Preparedness Conference, Radisson Hotel Manchester, NH. For more information, [click here](#).

May 2, 2018 - NH Businesses for Social Responsibility, Grappone Conference Center, Concord, NH. Learn more about the conference [here](#).



May 23, 2018 - New Hampshire Antimicrobial Stewardship Symposium Grappone Conference Center, Concord, NH. For more information [click here](#).

June 14 & 15, 2018 - New England Public Health Conference, The Colony Hotel, Kennebunkport, ME. For more information [click here](#).

To have your upcoming event included in the next issue of the NHPHA e-Newsletter, email us!



Need to Renew Your NHPHA Membership?

To Renew Online: Go to <http://nhpha.org/login> (NOTE: If you've forgotten your login information, click on <http://nhpha.org/login/forgot-password> or contact Beth at info@nhpha.org. Next, go to <http://nhpha.org/membership/join-nhpha> and choose the individual or organizational membership application. Next, update new information in your membership record, if applicable and follow the payment

prompts. You will receive a confirmation and receipt of your renewal almost instantly.

To Renew by Mail: Go to <http://nhpha.org/membership>. Choose the individual or organizational membership application to print and fill out. Send the application and check (payable to NHPHA) and mail to NHPHA, 4 Park Street, Suite 403, Concord, NH 03301.

Funders

NHPHA would like to acknowledge and thank the following funders for their continued generosity and support

[DentaQuest Foundation](#)

[Endowment for Health](#)

[HNH Foundation](#)

[NH Charitable Foundation](#)

[New England Public Health Training Center](#)

For information on donating or becoming a member of NHPHA, click [here](#).

Contact Us

Your feedback is very important to us. If you have comments, questions or suggestions for the NHPHA e-Newsletter, [email us!](#)

