Secret Sauce of Community Health

10/2/19
Secret Sauce of Community Health
Meet the team - the tip of the iceberg

• Jill Lord RN MS
  Director of Community Health
  Mt. Ascutney Hospital and Health Center
  Windsor, VT

• Sandra Knowlton-Soho RN MS
  ACO Clinical Consultant
  OneCare Vermont
  Colchester, VT
Objectives

• Describe the tools of Data Walk, World Cafés, and Affinity Groups and discuss how to use them in your community,

• Identify community partners to engage for collective impact in your community and describe a plan for outreach, and

• Describe the purpose of a Learning Collaborative and give an example of how it could improve health outcomes in your community.
Mt. Ascutney Hospital and Health Center
Dartmouth-Hitchcock

COMMUNITY HEALTH NEEDS ASSESSMENT
2018

COMMUNITY INPUT ON HEALTH ISSUES AND PRIORITIES, SELECTED SERVICE AREA DEMOGRAPHICS AND HEALTH STATUS INDICATORS

Mt. Ascutney Hospital and Health Center
Dartmouth-Hitchcock
Geography for Data & Measurement Purposes
Building on the Past for a New Future Together
What is Collective Impact?

Too many organizations are working in isolation from one another.

Collective Impact brings people together, in a structured way, to achieve social change.
5 Core Components of Collective Impact

- Common Agenda
- Shared Measurement
- Mutually Reinforcing Activities
- Continuous Communication
- Strong Backbone

What's in our Secret Sauce?

Mt. Ascutney Hospital and Health Center
Dartmouth-Hitchcock
All of these conditions together can produce extraordinary results.

Collective impact takes us from common goals to uncommon results.
Our Journey

CHNA Survey
Spring 2018

CHNA Results
Fall 2018

CHIP Summits
December 2018 &
February 2019

CHIP Workgroup
formation
Late Winter
2019

CHIP Learning Collaborative
April - December 2019
WHY A CHIP SUMMIT?

• Gain deeper understanding of data
• Build alignment or consensus across a community
• Ask for action
Alcohol & Drug Misuse Prevention, Treatment & Recovery

Prevention

Educational Supervisory Union Substance Usage and Access by Indicator (grades 9-12)

- 81% of Community Health Needs Assessment survey respondents support policies that limit youth exposure to "adult only" products
- Research shows that decreasing access to "adult only" products prevents youth from using at an early age
- Town policy examples include restricting retail outlet density and location and/or advertising of "adult only" products

Data Source: VT Youth Risk Behavior Survey 2017

Treatment

According to VT State Medicaid Claims data:
- 44% of youth and adults who need treatment are receiving it (statewide goal is 50%)
- 155 people receiving Medication Assisted Therapy (MAT) per 100,000 Vermonters age 18-64 (statewide value is 146 per 100,000 Vermonters)

"Just plain detox doesn’t work . . . [There needs to be] inpatient rehab set up with a transition in an aftercare plan that includes addressing issues such as housing, insurance, medical care, and employment.” MAT Discussion Group Participant
DATA WALK PROMPTS

• What patterns do you see in the data? What gaps?
• What do you find interesting in these data?
• What assumptions might these data help to test?
• What other data would you want to have a fuller picture of the current context?
• Whose perspective is reflected in these data? And whose perspective is missing?
From world café to themes and directions

<table>
<thead>
<tr>
<th>Healthcare for Seniors</th>
<th>What does the Data tell us?</th>
<th>What is happening now that is having an impact?</th>
<th>What can we do together that will make an impact?</th>
<th>What will success look like in 3 years?</th>
<th>Who is missing from the table?</th>
</tr>
</thead>
<tbody>
<tr>
<td>*OneCare (ACO) is aiming at improving senior outcomes (prevention/falls, activity) *Concerns for social isolation, policy challenges *Socioeconomic diversity in towns *Poor health (exercise &amp; nutrition) *Depression and substance misuse *Ways to motivate this population for increased engagement *Navigation of resources can be challenging</td>
<td>*Transportation is improving *Many support services available *Informal network collaborations *Improving emergency medical services scope with seniors *Home health for seniors works *Volunteer programs are engaging seniors</td>
<td>*Learn from existing locations: Londonderry &amp; Woodstock *Summit on Aging *Strengthen connections with first responders *Enhance training and education (service) for existing volunteer programs such as Meals on Wheels *Improve the medical community (prevention, champions, access) *Home safety improvement *Increase opportunity for senior engagement</td>
<td>*Summit on Aging *Prevention *Equitable access *Stronger relationships with the population *Improved collaborations across agencies/programs *Telehealth for seniors to improve outcomes *Concept of a senior center without walls</td>
<td>*Aging in place contacts *Food shelf *RSVP *Spiritual community *OHF *Select board *Twin Pines</td>
<td></td>
</tr>
</tbody>
</table>
Affinity Grouping - Dot Voting
Workgroup Planning
Putting ingredients together
Workgroup Learning Collaborative
# Core Elements

<table>
<thead>
<tr>
<th>Project Title:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Work Group Name:</td>
<td></td>
</tr>
<tr>
<td>Meeting plan (frequency, format):</td>
<td>Next meeting date/time/location:</td>
</tr>
</tbody>
</table>

- **Approaches for including people with lived experience**
- **Root Cause(s)**
- **Aim Statement**
- **Best Practice Strategy(ies)**
- **Results Based Accountability (RBA)/data collection**

---

Mt. Ascutney Hospital and Health Center
Dartmouth-Hitchcock
Lessons Learned (so far)

• It always takes longer than you think... We are in this for the long haul
• You will be astounded by the energy, wisdom, passion and persistence of the people who join you
• It’s worth living the “Not about us with out us” mission in planning, implementation and evaluation
• Leadership, planning, organization and evaluation is critical
• Not every subject matter expert is a facilitator or leader
• Evaluation of every phase leads to improvement in the next
• WEATHER
Collective Impact  Community Engagement  Lived Experience  Backbone Organization  Strong Steering Committee
Common Goals  Results-Based Accountability  Committed Community Partners  Easily Accessible Meeting Locations  Facilitator & Recorder Training
Detailed Logistics Plan  Flexibility  Sense of Humor  Workgroup Leader Training  Regular Communication